

# WALK OR BIKE TO SCHOOL **WIN SWEET PRIZES**



## WALK MORE IN FOUR CHALLENGE

Walk More in Four starts **September 10** and runs through **October 5**. Participating K-8 students will be entered to win bikes, scooters, helmets and more. Schools with the highest rates of participation will win cash prizes up to \$500.

For more information go to [WalkMore.SafeRoutesUtah.com](http://WalkMore.SafeRoutesUtah.com)

## It's not just about getting there.

Getting to school safely is the number one goal, but walking and riding bikes encourages the development of healthy habits while also helping the environment. Below are just some of the benefits of participating in Safe Routes Utah and its programs.



Improves Cognitive Abilities



Promotes Physical Wellness



Teaches Critical Social Skills

