WALK & ROLL

CHALLENGE



Walk & Roll awards students K-8 monthly prizes for walking and biking to school

- The challenge runs from September to May
- Track and report days walked/biked by the last day of each month
- Prize winners will be contacted the first week of the following month
- Parents who allow their kids to walk or bike will be entered into a separate drawing
- Submissions are online only



Submit your progress online at SafeRoutes. Utah.gov

A UDOT Program



TRACK YOUR



STEP



Walk or bike to school.
Each time you walk or bike to school you'll be entered for an additional chance to win a sweet prize.

7 STEP **Use the chart below** to track the days you walk or bike to school.

 \mathfrak{C}

STEP

Submit your progress by the end of the month.
Online submissions at SafeRoutes.Utah.gov/Walk-N-Roll

SEPTEMBER

Mon	Tue	Wed	Thu	Fri	
	3	4	5	6	
9	10	11	12	13	
16	17	18	19	20	
23	24	26	27	28	
Remember to submit your progress the last day of each month!					

OCTOBER

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

NOVEMBER

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27		

DECEMBER

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20

JANUARY

Mon	Tue	Wed	Thu	Fri
			2	3
6	7	8	9	10
13	14	15	16	17
	21	22	23	24
27	28	29	30	31

FEBRUARY

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
	18	19	20	21
24	25	26	27	28

MARCH

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

APRIL

Tue	Wed	Thu	Fri
	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	
	7 14 21	1 7 8 14 15 21 22	1 2 7 8 9 14 15 16 21 22 23

MAY

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
	26	27	28	29
	20	2/	20	29