



TRACK YOUR PROGRESS



STEP 1



Walk or bike to school.
Each time you walk or bike you'll be entered for an additional chance to win a sweet prize.

STEP 2



Use the chart below
to track the days you walk or bike.

STEP 3



Submit your progress by the end of each month.
Online submissions at walk-win.com

SEPTEMBER

Mon	Tue	Wed	Thu	Fri
			1	2
	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

OCTOBER

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

NOVEMBER

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22			
28	29	30		

DECEMBER

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	

Remember to submit your progress
the last day of each month!

JANUARY

Mon	Tue	Wed	Thu	Fri
	3	4	5	6
9	10	11	12	13
17	18	19	20	
23	24	25	26	27
30	31			

FEBRUARY

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
	21	22	23	24
27	28			

MARCH

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

APRIL

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

MAY

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
	30	31		

Winners will be notified by phone or email the first week of every month.