



TRACK YOUR PROGRESS



STEP 1



Walk or bike to school.
Each time you walk or bike you'll be entered for an additional chance to win a sweet prize.

STEP 2



Use the chart below
to track the days you walk or bike.

STEP 3



Submit your progress by the end of each month.
Online submissions at walk-win.com

SEPTEMBER

Mon	Tue	Wed	Thu	Fri
				1
	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

OCTOBER

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

NOVEMBER

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21			
27	28	29	30	

DECEMBER

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22

Remember to submit your progress
the last day of each month!

JANUARY

Mon	Tue	Wed	Thu	Fri
	2	3	4	5
8	9	10	11	12
16	17	18	19	20
22	23	24	25	26
29	30	31		

FEBRUARY

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
	20	21	22	23
26	27	28	29	

MARCH

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

APRIL

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

MAY

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
	28	29	30	31

Winners will be notified by phone or email the first week of every month.