





Need a text reminder at the end of the month to submit your days? Text WALK to 833-277-0641 to sign up.

Scan the QR code to generate this text automatically.

You can opt out of text messages at any time. Reply STOP to cancel, HELP for help. Msg&data rates may apply. Terms & privacy: slkt.io/xMuu







# TRACK YOUR ROGRES D

2024-2025



7 STEP

#### Walk or bike to school.

Each time you walk or bike you'll be entered for an additional chance to win a sweet prize. Walking and rolling to and from the bus stop also counts!



Use the chart below



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1

Submit your progress by the end of each month.

#### **SEPTEMBER**



### DECEMBER



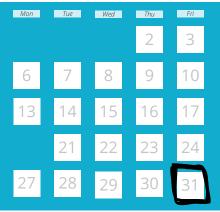
Remember to submit your progress 1 by the last day of each month!

### MARCH



OCTOBER							
Mon	Тие	Wed	Thu	Fri			
	1	2	3	4			
7	8	9	10	11			
14	15	16	17	18			
21	22	23	24	25			
28	29	30	31				

## JANUARY

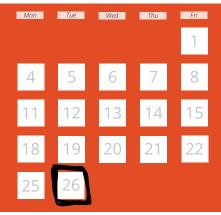


### APRIL

Mon	Tue	Wed	Thu	Fri		
	1	2	3	4		
7	8	9	10	11		
14	15	16	17	18		
21	22	23	24	25		
28	29	30				

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## **NOVEMBER**



### **FEBRUARY**



#### MAY



2024-2025

Winners will be notified by phone or email the first week of every month.