

# **TRACK YOUR** ROGRES D





7 STEP

#### Walk or bike to school.

Each time you walk or bike you'll be entered for an additional chance to win a sweet prize. Walking and rolling to and from the bus stop also counts!

## 2 EP S

Use the chart below



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Submit your progress by the end of each month.

## **SEPTEMBER**



## DECEMBER



Remember to submit your progress 1 by the last day of each month!

## MARCH





## **JANUARY**



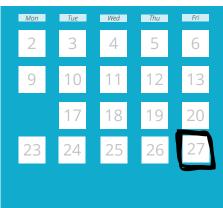
## APRIL

Mon	Тие	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

# **OCTOBER**

#### **NOVEMBER** Mon Tue Wed Thu Fri 4 10 11 12 13 14 18 19 20 21

## **FEBRUARY**



## MAY



2025-2026

Winners will be notified by phone or email the first week of every month.