

Rules of the Ride

Learn the hand signals that should be used to alert drivers and fellow wheeled sport riders of your actions:



Left Turn

Extend your left arm out straight from your side.



Right Turn

Extend your left arm out from your side, bent at a 90-degree angle at the elbow, hand pointing upward and the palm of your hand facing forward.



Another option is to put your right arm straight out from your side.



Stopping or slowing

Extend your left arm out from your side, bent at a 90-degree angle at the elbow, hand pointing downward and the palm of your hand facing backward.